

## COUNSELLING SERVICES FOR SCHOOL STUDENTS

The novel corona virus (COVID-19) pandemic is a situation that is affecting children physically as well as psychologically. The pandemic has caused strong feelings such as sadness, fear, anxiety, helplessness, uncertainty, loss of interest and hopelessness. To provide support and address mental health concerns of children during and after COVID-19, NCERT announces 'Counselling Services for School Students' through its trained counselors.

Students wishing to seek guidance can get in touch with counselors on WhatsApp, mobile number and email address provided in region-wise lists on the website.

\*Counselling services will be provided free of charge\*

➤ Link: [https://ciet.nic.in/pages.php?id=Covid19\\_counselling\\_services&ln=en](https://ciet.nic.in/pages.php?id=Covid19_counselling_services&ln=en)